

REGISTRATION AND INSPECTION OF PRIVATE NURSING AND RESIDENTIAL HOMES

MAISON DE BEAUVOIR RESIDENTIAL HOME

INSPECTION REPORT

DATE: 13th April 2023

This report may only be quoted in its entirety and may not be quoted in part or in any abridged form for any public or statutory purpose

HEALTH & SOCIAL CARE REGISTRATION AND INSPECTION OF PRIVATE NURSING AND RESIDENTIAL HOMES

INTRODUCTION

The Registration and Inspection unit of Health & Social Care (HSC) has a statutory responsibility to inspect private nursing and residential homes within the Bailiwick of Guernsey at least twice per year. The Registration and Inspection Officer undertakes a minimum of one announced and one unannounced inspection per year.

The inspections are undertaken in order to establish whether the care home is meeting the legal requirements i.e. The Nursing and Residential Homes (Guernsey) Law 1976 and its associated Ordinances, together with the agreed standards.

In reading the report the following factors should be borne in mind:

- The report is only accurate for the period when the home was inspected.
- Alterations to physical facilities or care practices may subsequently have occurred in the home.
- Feedback will have been given orally to the senior person on duty at the time of the visit.
- Both the Inspector and the Registered Homeowner/Care Manager of the home to which it refers will agree the report as an accurate report.
- The report will show the compliance with the Regulations and Standards and the required actions on behalf of the provider.

Name of Establishment: Maison De Beauvoir Residential Home

Address: Rue Cohu, Castel, GY5 7TB

Name of Registered Provider: Hermanus Limited

Name of Registered Manager: Miss Alona Vascenkova

CATEGORY	NUMBER OF REGISTERED BEDS
Residential	43

Date of most recent inspection: 17/08/22 – Announced
Date of inspection upon which this report is based – 13/04/23
Category of inspection – Unannounced
Vanessa Penney - Registration and Inspection Officer (Quality & Patient Safety Team) Health & Social Care

SUMMARY OF FINDINGS

Maison De Beauvoir provides residential care for a maximum of 43 people who have care and support needs. On the day of inspection, there were 37 people living at the home.

The home is not purpose-built but has been adapted to overcome challenges for people with care needs. This includes passenger lifts, stair chair lifts, assisted bathing and shower equipment and stand hoists.

The home is well maintained both inside and out and has a lovely large garden with decking where residents love to sit in the fine weather. Some rooms have a balcony; with some ground floor rooms having an enclosed terrasse.

The housekeeping staff keep the home very clean and odour-free and residents have personalised their room with their personal belongings, which reflect their personality and interests. Residents who were spoken to said it was the bright, spacious rooms that attracted them to the home, and they are very satisfied with their choice.

People have their care needs and level of support needed assessed prior to moving into the home and this information is used to develop a person-centred care plan. Care plans show that information has been provided by the person, their next of kin (NOK) and healthcare professionals who have been involved in the person's care.

Staff are knowledgeable about people's care and support needs and their preferences, and work in partnership with other healthcare professionals for the benefit of good outcomes for people.

Residents are supported to maintain independence and a good variety of activities are offered for exercise, socialising both within the home and within the community and to maintain relationships with family and friends.

There are systems in place for the safe management of medication, infection control within a care home environment and to keep people safe from abuse.

Residents are aware of how to make a complaint if they feel this was necessary, but all residents spoken to had no issues to raise and offered that they are very happy living at Maison De Beauvoir.

There is a good programme in place for supervised induction for all new employees, which is followed on with a programme of ongoing training relevant for the person's role within the team. Carers are well supported to undertake the VQ awards.

The staffing level in the home has been increased to reflect the continued increase in people's care needs. The care manager and the provider continue to monitor the staffing

level overnight as staffing level is lower; to ensure people receive the care they require, and the workload is not too much for the night staff.

Accidents/incidents that occur in the home are closely monitored, and where relevant, are reported to the appropriate service external to the care home e.g., inspection officer from within HSC or HSE. Staff use this as an opportunity for further learning to prevent a reoccurrence. Following an accident/incident, the person's care plan is reviewed, and additional risk assessments are developed as needed and all staff are informed at handover on the changeover of shift.

The care manager discussed how quality assurance is monitored in the home and feedback from audits were observed. Staff who were spoken to said their care manager is an excellent leader who is approachable, fair and has both the welfare of both the residents and staff at heart to support the smooth running of the home.

Residents who were spoken to spoke very highly of the care manager and her team; with several offering that they wouldn't like to live anywhere else.

Unannounced Audit

CARE PLAN	YES	NO	In part	COMMENTS
Care plan is in place and is based on assessment	٧			Evidence – discussion with care manager, individual residents and information in care plans.
Risk assessments in place for:				
Moving & handling, mobility & risk of falls	٧			Care plans are developed using an electronic system and are password protected for confidentiality. People have a Herbert Protocol in
• Nutrition	٧			place for additional information if a person were to leave the building unknown to staff or unsupervised
Skin condition & Pressure sore prevention	V			(where relevant). One person is at risk of choking, a risk assessment is in place and the
• Other	٧			person has been seen by their GP. A referral has been made to SALT for a full swallowing assessment (visit due next week).
Minimum of 3-monthly review of care plan, or as needs change if before review date	V			There are stand hoists available to support people with mobility and
Evidence of user/relative involvement	٧			assisted bathing equipment and a communal shower for people who are unable to use the bath and shower in their en-suite.
Restrictions on choice & freedom are agreed and documented (Mental Health, Dementia)	٧			All residents have a resuscitation status in place.
Format of care plan is acceptable	٧			Standard Met
Handover discussions: verbal, written on changeover of each shift	٧			

All entries on documentation are legible, dated	V		
and signed			

HEALTHCARE NEEDS	YES	NO	In part	COMMENTS
Service users are supported and facilitated to take control and manage own healthcare wherever possible; staff assist where needed	٧			Evidence – discussion with care manager and individual residents, information in care plans.
Access is provided to specialist health services e.g. medical, nursing, dental, pharmaceutical chiropody and therapeutic services and care from hospitals and community services according to need	V			Conversation with residents suggest they are supported to maintain independence where possible. Level of support required is documented in people's care plan. Referrals are made to health care
Care staff maintain the personal and oral care of each person and wherever possible support the person's independence	V			professionals within the multidisciplinary team as needed, e.g., community nurses, SALT and social workers.
People are assessed by a person who is trained to do so, to identify those people who have developed, or are risk of developing a pressure injury. Appropriate intervention and outcome are recorded in the plan of care	٧			Referrals are also made for a reassessment when a person requires an uplift in care level e.g., residential to nursing care. No person in the home currently has a pressure injury. Equipment for
People are free of pressure injuries	٧			pressure relief is in place where needed; also repositioning charts if needed.
There are preventative strategies for health care: link nurses, equipment etc	٧			Community nurses support with end- of-life care and an EOL care pathway is put in place.
Repositioning charts in place where needed	٧			

The registered person ensures that professional advice about the promotion of continence is sought and acted upon and the necessary aids and equipment are provided	V	Residents spoken to said they received good care at the home by staff who are kind and respectful. Standard Met
A person's psychological health is monitored regularly and preventative and restorative care is sought as deemed necessary	٧	
Opportunities are given for appropriate exercise and physical activity; appropriate interventions are carried out for individuals identified as at risk of falling	V	
Results from appointments, treatments and problems and from health care professionals are recorded in care plan and are acted upon	V	
Regular night checks are in place	٧	
Service users, relatives and/or advocates have the opportunity to discuss service users' wishes on their care with an informed member of staff	V	
The support service needs of each resident are assessed, and access provided – choice of own GP, advocacy services; alternative therapy; social worker; bereavement councillor; specialist nurses; dentist; audiologist; spiritual advisor; optician etc	٧	
Residents are referred for reassessment at appropriate time if this becomes necessary e.g., residential to nursing care needs or EMI	٧	

The registered person ensures that peoples'	٧			
entitlements to Health & Social Care services				
are upheld by providing information about				
entitlements and ensuring access to advice				

MEDICATION MANAGEMENT	YES	NO	In nart	COMMENTS
			part	
There are policies for the receipt, recording, storage, handling, administration, disposal, self-medication, errors, re-ordering, homely remedies and for administration during a pandemic	V			Evidence – observation of resident's MARS, visit to medication room and discussion with deputy care manager.
				Policies and procedures are in place
Keys for access to medication to be kept with the person in charge of the shift	٧			for a safe system to manage medication.
				Medication room clean and well
NMC guidance and BNF (within 6-month date) available or accessible online	٧			organised, no stockpiling of medication that is no longer in use.
				No residents are currently self-
There is a self-medication assessment completed for each resident if person wanting to continue with this process and this is reviewed regularly	n/a			medicating; however, staff are aware of risk assessment needed to enable a person wanting to continue to selfmedicate.
				Records are up to date for residents
There is safe storage within a person's room to store the medication to which suitable trained staff have access with the person's permission	n/a			receiving medication and residents said they receive it when and how they like to take it. No issues were raised.
permission				No residents currently require medication covertly and the process of consent is known if needed.
Records for:				
Meds received	٧			All carers complete training prior to undertaking the task of administering medication and the
				care manager oversees ongoing

Meds administered – check for overuse of pain control meds and sedatives	٧	competency as she regularly works 'on the floor' with her team.
Meds leaving the home	٧	A pharmacy inspection has not been undertaken by the HSC deputy chief pharmacist for some time, this is out
Meds disposed of	٧	of the care manager's control. Inspections are due to recommence this year.
 Medication Administration Record (MAR) in place 	٧	Medication reviews take place 3-6 monthly unless a person requires a GP visit before this time, e.g., if
Photo of service user (consent)	٧	unwell or if a medication review needs to be brought forward.
If medication is required to be administered covertly, this is in the care plan, consent from GP and from resident's next of kin	n/a	Spring booster vaccines for Covid 19 are due to be administered by primary care on 21 April for residents who have chosen to have it.
Controlled drugs (CDs) are stored in line with current regulations	٧	Standard Met
Register in place to monitor CD usage and stocks – regular checks documented.	٧	
Signature list of all staff who administer medication	٧	
The 2 people administering and witnessing the administration of a CD attend the person and see process until complete	٧	
Compliance with current law and codes of practice	٧	

Medicines, including controlled drugs, (except	n/a	
those for self-administration) for people receiving nursing care, are administered by a medical practitioner or registered nurse		
Medication including CDs are returned to pharmacy as soon as no longer in use	٧	
Daily check of medication fridge, which is documented, to ensure remains within advised range (between 2-8°C)	٧	
Staff training programme in place for residential homes where Carer administering medication e.g. VQ standalone unit for the administration of medication or other accredited training at level 3	٧	
Competency assessment in place for Carers (residential home) for the administration of medication and this is reviewed at least annually, which is recorded	٧	
Pharmacist advice used regarding medicines policies within the home and medicines dispensed for individuals in the home	٧	
People receive their medication at correct prescribed times	٧	
Each person's medication is reviewed regularly by a GP. Any concern in a person's condition as a result of a change in medication must be reported to the GP immediately	٧	

Has a Medication Inspection been undertaken by HSC's Pharmacist?	٧		
Are flu vaccinations offered to residents, staff annually?	٧		
Medications are kept in the home for a minimum of 7 days or after burial or cremation following a death		>	
Audit of MARs in place	٧		

PEOPLE ARE TREATED WITH RESPECT	YES	NO	In part	COMMENTS
Privacy and dignity are provided when assisting a resident with washing, bathing, dressing etc	٧			Evidence – discussion with residents and visit to their room. Although there are some double
Bedrooms are shared only by the choice of service users e.g. married couples, siblings	٧			rooms available in the home (ensuites), most are taken up as single occupancy. All rooms are ensuite.
Screens are available in shared rooms	n/a			Staff demonstrated respect and kindness when interacting with
Examinations, consultations legal/financial advisors, visits from relatives are provided with privacy	٧			residents and this was reflected in conversations with residents. Residents said as far as they are
Entering bedrooms/toilets - staff knock and wait for a reply before entering	٧			aware, there are a few rules. They can receive visitors when they want to and can go out with family and friends when they choose.
Wear own clothing	٧			

		The home has a new minibus. Residents said there are frequent
Mail is only opened by staff when instructed to do so	٧	outings around the island to enjoy.
		Residents are also invited to events at their sister home a little further
Preferred term of address in consultation with	٧	along the road.
resident & this is documented in person's care plan		Residents said they are able to go
pian		back and forth to their room as they
Wishes respected and views considered	٧	choose and can get up and go to bed when it suits them. Some residents
Wishes respected and views considered	V	said they like to go to bed early,
Treated with respect – verbally	V	while others said they like to watch television in their room until later in
Treated man respect versally		the evening.
		Standard Met
Flexibility of daily routine e.g. getting up, going	٧	
to bed, outings, taking part in activity events, open visiting etc		
Information regarding residents is treated	٧	
confidentially and in line with data protection		

NUTRITION & HYDRATION	YES	NO	In part	COMMENTS
People have a nutritional assessment on admission using MUST or equivalent	٧			Evidence – care plans, discussion with care manager, discussion with residents.
Concerns as a result of MUST assessment referred to dietician or thereafter during ongoing monitoring	٧			All residents have a BMI recorded and a monthly weight is documented. Where there is a concern, a person may be weighed
				more regularly, e.g., weekly.

People's nutrition is monitored monthly and is	٧	
documented – weight recorded		Specialist healthcare professionals
		are involved with people's care as
		needed, e.g., SALT, diabetic nurse,
Food & Fluid chart in place where necessary	٧	renal nurse.
Care plan should include the following:		One person has a weekly food and
Food allergies and intolerances	٧	fluid chart in place which is emailed
Special dietary requirement due to	٧	weekly to the renal nurse for
cultural, religious or ethical choices		ongoing monitoring.
 Special dietary requirements due to health conditions such as diabetes, kidney failure, heart failure etc 	٧	The dining room is bright and spacious. Tables were pleasantly laid
 Awareness of IDDSI for modified diets 	٧	up.
 Relevant support at meal time such as special cutlery or plates, feeding assistance, seating arrangements Likes and dislikes 	V	Residents who were spoken to said they enjoy their meals. They have a menu to choose from and the kitchen staff are very
		accommodating.
If reduced oral intake, are first line measures in place to promote oral intake e.g. nourishing drinks, extra snacks etc before requesting supplements – dietician will advise if contacted	√	No issues were raised on this visit. Standard Met
Prescribed enteral nutrition and dietary supplements should be given at the specified times e.g. Fortisip	٧	
Supplements prescribed need to be signed for or correct code documented on MAR if not needed / refused etc	٧	
Supplements to be reviewed regularly by GP, dietician	٧	
PEG care to be carried out to avoid infection and buried bumper syndrome. Training to be kept up to date	n/a	

People are offered choices at meal times	٧		
The food is nutritious	٧		
Fresh fruit and vegetables are served/offered regularly	٧		
Hot and cold drinks and snacks are available at all times and are offered regularly	٧		
A snack available in the evening/night – e.g. may be necessary for diabetic	٧		
Food covers are used to transport food to rooms	٧		
Eating areas are suitable, clean and pleasant	٧		

COMPLAINTS	YES	NO	In part	COMMENTS
There is a complaints procedure which is clear and simple, stating how complaints can be made	٧			Evidence – discussion with care manager and individual residents. Complaints policy.
The procedure is accessible e.g. reception notice board, resident's handbook	٧			Residents spoken to know how to make a complaint, although no issues were raised in discussions.
Are there timescales for the process?	٧			Information is available in reception including how to contact the inspection officer from within HSC if
The procedure states who will deal with them	٧			the complaint cannot be resolved by the management of the care home.

Records are kept of all formal complaints	٧	The care manager said she has not received any formal complaints. Most complaints are minor and are
There is a duty of Candour – transparent and honest	٧	due to group living, which can generally be resolved at the time. Standard Met
Details of investigations and any action taken is recorded	٧	
There is written information available, clearly displayed, in an accessible place, for referring a complaint to the HSC	٧	

PROTECTION	YES	NO	In part	COMMENTS
Polices & procedures are in place for Safeguarding Vulnerable Adults against:				Evidence – discussion with care manager, staff and individual
Physical abuse	٧			residents. Safeguard policy. Staff spoken to had completed
Sexual abuse	٧			training for safeguarding through the home's e-learning programme and are aware of the home policy for
Inappropriate restraint	٧			keeping people safe from abuse. Residents who were spoken to said
Psychological abuse	٧			they would feel comfortable reporting concerns to the care manager and feel they will be
Financial or material abuse	٧			listened to, and the appropriate action would be taken to keep them safe.
• Neglect	٧			No resident had any concerns to raise on this visit.

Discrimination	٧	Standard Met
Whistle-blowing	٧	
Safe storage of money & valuables	٧	
 Staff non-involvement in resident's financial affairs or receiving of gifts 	V	
Safeguard allegations are reported to the Safeguard Lead & Inspection Officer (HSC)	٧	
Allegations/incidents are recorded, followed up and actioned appropriately	٧	
Staff undertake regular training for safeguarding	٧	

PREMISES	YES	NO	In part	COMMENTS
Safe – no trip hazards	٧			Evidence – discussion with care manager and maintenance manager.
Restricted entry/exit to the home is appropriate	٧			Walkthrough of the building, discussion with individual residents.
Environment clean and comfortable – resident's rooms & communal areas	V			The home was clean and tidy throughout. The corridors have recently been painted – corridor on each floor has a different colour to enable residents to familiarise
Appropriate furnishings and furniture	٧			themselves with the floor they live on.

		Rooms on all floors can be accessed
Adequate bathing and toilet facilities	٧	by 2 passenger lifts and stair chair
		lifts.
		Residents' rooms have been
		furnished with their possessions,
		which reflect their interests and
		personality. All rooms are ensuite.
		Some rooms have a balcony, and
		some have an enclosed terrasse
		area. Residents spoken to said they
		like their room; especially the
		brightness and space that it offers.
		Stignthess and space that it offers.
		The maintenance manager said all
		toilet flushes have been changed to
		the push button type to make it
		easier for residents to use.
		easier for residents to use.
		People are able to enter the care
		home using a push button entry; but
		require assistance from staff to exit
		as a pin code is required.
		as a pili code is required.
		All furnishings in the communal
		areas are appropriate for residents'
		needs and the lounge is really
		homely and well used by residents
		each day for various activities.
		each day for various activities.
		There is a lovely garden at the back
		of the home, with a large, decked
		area with seating and shade, which
		residents enjoy when the weather is
		fine.
		inie.
		Standard Met
		Standard Met

INFECTION CONTROL	YES	NO	In part	COMMENTS

Policies and procedures for the control of infection include: safe handling and disposal of clinical waste, dealing with spillages, provision of protective equipment, hand washing	٧	Evidence – discussion with care manager, walk through of the home, infection control audit feedback. There is a dedicated room for PPE
Staff undertake regular training for infection control	٧	and staff were observed wearing and disposing of PPE appropriately. The home was clean and tidy
Infection control audit undertaken by the Infection Control Nurse from within HSC	٧	throughout with no unpleasant odours. An infection control audit was last
Infection Control Nurse and Inspection Officer from within HSC to be informed when outbreak of infection (2 cases)	٧	undertaken in September 2022 where the home received 100% compliance, which is excellent. Standard Met
Preparedness plan in place in the case of a pandemic (recent Cocid-19 outbreak)	V	
Adequate stocks of PPE available and staff know correct way to put on and take off to minimis risk of spreading infection.	٧	

STAFFING	YES	NO	In part	COMMENTS
Satisfactory for dependency of current residents	V			Evidence – staff rota, staff present on day of inspection. Since the previous inspection staffing level has been increased on some shifts due to the continued increase in dependency level, which the care manager monitors closely with the provider.

	Staffing level is flexible and is increased when needed, e.g., end of life care, outings.
	Continue to monitor staffing level at night using a documented risk assessment and increase at times when it may be necessary e.g., when providing end of life care, increase in dependency level. Standard Met
	Standard Wet

TRAINING & SUPERVISION	YES	NO	In part	COMMENTS
Supervised induction on employment – documented programme	٧			Evidence – discussion with care manager and individual staff.
 Mandatory Fire Safety Moving & handling Basic first aid and life support Food hygiene awareness Infection Control Safeguarding Dementia care 	\ \dagger			Care manager said 99% of staff have completed their mandatory training via the home's electronic training site, a couple of new staff have yet to complete their induction. All staff work through a supervised induction programme for 2 – 3 weeks (dependent on prior knowledge and experience –
Ongoing supervision as needed	٧			flexible). Care manager, deputy care manager
Access to training relevant to meet clients care needs and for team role	٧			and team leaders work 'on the floor' for supervision of more junior staff. Staff are well supported to
Supported to access the VQ or equivalent award	٧			undertake the VQ awards. Appraisals are up to date and almost all staff have received an appraisal within the previous 12 months.

			Standard Met
Annual appraisal	٧		

LEADERSHIP	YES	NO	In part	COMMENTS
Relevant qualifications and experience for role	٧			Evidence – discussion with care manager and with individual
Open and transparent	٧			residents and staff. Feedback from audits and visiting healthcare professionals.
Approachable to all stakeholders	٧			The care manager has a good relationship with residents, their
Does manager monitor own performance?	٧			relatives and staff. She is approachable and fair and promotes an open culture; focusing on good
Feedback received is acted on	٧			outcomes for people and a safe working environment for staff.
Policies and procedures updated as practice changes, legislation direct (at least 3-yearly)	٧			Both residents and staff spoke highly of her leadership creating good team working and encouraging person-centred care.
Views of service users are sought e.g. with their care, changes within the home, food choices and social engagement provision etc	V			Regular staff meetings take place and residents complete questionnaires every 6 months for continued service development and quality assurance. Care manager has an open-door
				policy for all. Quality assurance is also supported
				through in-house and external audit

			and constructive feedback provided by visiting healthcare professionals.
Auditing takes place e.g. to improve care, service, environment etc	V		
Action progressed on agreed implementation of statutory/good practice requirements (progress from last inspection)	٧		

ACCIDENTS / INCIDENTS	YES	NO	In part	COMMENTS
Accidents, injuries and incidents of illness are documented and are reported to the relevant person (HSE RIDDOR) as appropriate	٧			Evidence – discussion with care manager, accidents/incidents reported and care plans.
Care plan reviewed and risk assessment updated	٧			Risk assessments are documented in people's care plans to minimise identified risks.
Equipment put in place if needed	٧			Measures are in place to keep people as safe as possible, e.g., restricted exit of the building,
Support sought from external healthcare professionals as needed	٧			pressure sensor mats, door alarm if needed. Care manager is open and honest
Incidents / accidents are seen as an opportunity for learning e.g. discussed within the team to resolve	٧			when things go wrong and informs the relevant department within HSC/HSE if necessary. All accidents/incidents are logged,
Training need identified and acted on	٧			and the care manager monitors for trends, e.g., same person fall, same area of home, or same time of day
	٧			so that the most appropriate action can be taken to prevent a recurrence.

Monitor incidents / accidents for trends e.g.		
happening to same person, same area of		
home, same time of da e.g. handover		

<u>Improvement Plan - Completion of the actions in the improvement plan are the overall responsibility of the home care manager.</u>

Action	Standard No.	Action	Date action to	Person/s	Compliance check	Through addressing
No.			be achieved	Responsible for completion of the action	date:	the actions, has this raised any issues that require further action
1.	27 - Staffing	Continue to monitor staffing level at night through a documented risk assessment to ensure adequate staffing in relation to resident's dependency levels, layout of the building and for managing an emergency e.g. fire. Night staff to provide feedback. & care manager Next inspection (unannounced).	Ongoing	Care Manager & Provider	Monitor at next inspection - date TBC	
2.						
3.						
4.						
5.						

HOME MANAGER/PROVIDERS RESPONSE

Please provide the Inspection department of Health & Social Care with an action plan, which indicates how requirements and recommendations are to be addressed and a completion date within the stated timetable.

No	Recommended works	Action being taken to address requirements	Estimated completion date

Recommended practice developments	Action being taken to address recommendations	Estimated completion date

REGISTERED PERSON'S AGREEMENT

Registered person(s) comments/confirmation relating to the content and accuracy of the report for the above inspection. We would welcome comments on the content of this report relating to the inspection conducted on 13/04/23 and any factual inaccuracies: Registered Person's statement of agreement/comments: Please complete the relevant section that applies. ı of confirm that the contents of this report are a fair and accurate representation of the facts relating to the inspection conducted on the above date(s) and that I agree with the requirements made and will seek to comply with these. Or am unable to confirm that the contents of this ı of report are a fair and accurate representation of the facts relating to the inspection conducted on the above date(s) for the following reasons: Signature: **Position:** Date: Note:

In instances where there is a profound difference of view between the inspector and the registered person both views will be reported. Please attach any extra pages, as applicable. April 2023